



NOBODY'S PERFECT PARENTING PROGRAM

REAL LIFE. PRACTICAL IDEAS.



There are no perfect
parents, perfect
children or perfect
people. We can only do
our best, and we all
need help once in a
while.

Mondays 2026

September 21,28

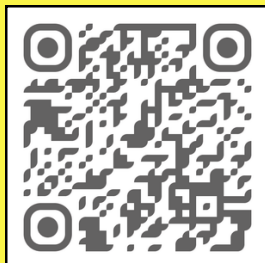
October 5,19,26,

November 2

(6 Week Program)

9:30am-11:30am

*Discover your strengths
and find the support and
encouragement you have
been looking for.*



Facilitators

Ingrid and Kayla

— Childcare and —

Snacks

will be Provided

Scan to register

ingrid@svfp.org, call or text (604)735-3207

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*nobody's
perfect*