

Ann's Creative Corner

Project #729: Refreshing Food Ideas!

- Jello with fresh fruit.
- Cut up some fresh fruit with your children.
- The fruit could be strawberries, blueberries, peaches, pears, raspberries, blackberries....
- Prepare the jello from a Jello Mix with the hot and then cold water.
- Be sure the jello is completely dissolved before adding the cold water so there is no "Rubber" on the bottom as it will settle if not mixed thoroughly.
- Add the various fruits slowly.
- Slowly stir them in.
- Let this sit in the refrigerator for a few hours until the jello is firm.
- If you like, whip cream is also a very nice topping for this.
- Make the whip cream from a container of "whipping cream". Blend it until it changes into whipped cream. No sugar is needed as the fruit is fresh and jello is sweet.
- For those who do not eat sugar there is unsweetened Jello with a substitute sweetener.
- Try some sprinkles such as cake decorating sprinkles to the top of the whip cream.

Activity: Go and pick fresh blackberries, strawberries and raspberries. Make the whipped cream together.

