



**South  
Vancouver  
Family Place**



# Night Out @ SVFP

**Tea Party**

**Wednesday  
April 30, 2025  
6:00-8:00pm**

**SPACES ARE LIMITED!**



**Parent's Night Out is an opportunity for parents/caregivers to come out and take part in hands-on activities that will promote self care, mental health, and social & emotional wellbeing.**

**Join us and meet other parents who are raising and caring for young children as well!**

**This event takes place once a month in a fun and relaxed environment.**

**Activities will include: arts and crafts, dancing, music, yoga, meditation, gardening, cooking.**

**Scan to register**



**Childcare and snacks  
will be provided**

**For more information  
email: [ingrid@svfp.org](mailto:ingrid@svfp.org)**



**(604) 325-5213**



**[www.southvancouverfamilyplace.org](http://www.southvancouverfamilyplace.org)**

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