

Ann's Creative Corner

Project #453: Feelings!

- Cut out some circles.
- Make various faces on them.
- Use various feelings.
- Ask the children to give some ideas on feelings
- Some examples are: Happy, excited, tired, sad, sleepy, scared, energetic, strong etc.
- Try to keep the feelings as positive as possible but recognize the good and the hard feelings as well. An opportunity is there for the children and you to express their feelings!
- When you are done the circles, glue them onto another piece of paper.
- Adults or older children could also make these felt pieces.
- You will need sharp scissors, white liquid glue or a HOT Glue Gun to work the best. The glue gun is very hot so only adults should use it.
- Another idea is to use liquid fabric paint for the older children.

Activity and song: "Happy and you Know it"

If your Happy and you know it, Clap your Hands (three chants)

And you really want to show it, Clap your Hands!

Also actions like Stomp your feet, shout hooray can be used.

Then use all 3 actions at the end.

