

Anns Creative Corner

Project #446: Ice Cream, Popsicles and Smoothies!

- Create an ice cream cone using various colours of paper for the Ice cream scoops.
- Create the cone using a triangle cone shape.
- Children can glue the ice cream cone together and put as many scoops of ice cream on it they like.
- Try adding some details to the cone.
- Think about adding more details to the ice cream such as nut shapes, chocolate chip shapes, pieces of fruit shapes etc.
- Try making a smoothie with ice cream, fruits and juices.
- Put all the ingredients in a blender and serve while cold!
- Try making a slushy with some crushed ice.
- Pour some juices over the ice!
- Try putting Jello and juice together and then put it in the freezer. You should come out with a Popsicle!

Activity: Before the project, go to the store and buy the ingredients. Talk about which ingredients are healthy. Try to make good choices of healthy items for your smoothie! Be aware of the labels on the items you purchase as they will have the nutrition value on them.

