

Ann's Creative Corner

Project #332: Healthy Teeth and Food!

- Draw, use a template or printed picture of teeth.
- Glue this onto another piece of construction paper.
- Provide pictures of healthy foods.
- These could be prints or photos from magazines.
- Encourage children to add a face to their “tooth” drawing.
- Encourage children to glue some pre-cut pictures or magazine pictures around the Tooth shape.
- Talk about Healthy Eating vs. Unhealthy choices such as sweets.
- Children may like to draw other things around the Tooth or even colour the tooth which is okay too. Cavities on Tooth?
- Toddlers may just like to draw or colour the tooth.
- If you have some stickers of teeth or faces, please use these too if you like.

Activity:

Have a brushing teeth talk.

Sing songs about brushing teeth like Fred Penners “Brush Your Teeth”

This song has a great tune and actions to go with it such as

“Brush your teeth, cha, cha, cha,

Brush your teeth, cha, cha, cha.

Do actions at the same time!

