## Ann's Creative Corner Project #318: Planting

- Start some small flowers or vegetables using seeds or bedding plants.
- Using biodegradable starter pots, place your seeds or seedlings into the pot using seed starter soil or potting soil
- Some easy things to grow are beans which can be started by placing the bean seeds in between two paper towels on tray or dish.
- Moisten this with some water and keep this fairly damp.
- Bean seeds will start to sprout roots in 4-6 days usually.
- Examine the sprouts and then place the seeds gently into a small pot.
- When it has become fairly root bound, it is time to transfer it into a bigger pot or place it into your garden.
- Keep watering this and watch it grow!
- Bedding plants can also be used such as Pineapple Sage, peppers, cilantro, tomatoes and other varieties of vegetables.
- These can be grown on a patio as well if the pot is big enough by changing the size of pot when needed.
- Many of these plants love to have the humidity of the rain and warmth of the sun!
- Try Flowers and vegetables.

## Activity: Garden Center

Visit a Garden Centre with your children to pick out your seedlings, pots and seeds!

