

Ann's Creative Corner

Project #310: Bean Planting!

- Purchase some Bush Bean or Pole Bean Seeds
- Place the seeds spread apart on top of a paper towel in a flat container.
- Place another paper towel on top.
- Cover with water to keep them damp but not floating in water. Keep this moist by adding more water when needed.
- After a few days, check to see if the bean seeds have expanded.
- After a few more days, you should see the beginnings of the plants roots appearing.
- Take this sprouted seed and place it into some soil in a small pot such as the biodegradable one shown in the photo.
- Cover it lightly with a small layer of soil on the top.
- Water it and place in a light area but not too hot.
- Watch it grow! They grow quite quickly.
- When it has grown to a fair size, transplant it into a larger pot. Usually you wait till the bean has filled the pot with roots. You can see this if you try to pull it out of the pot. However, with the biodegradable pots, you may place the entire pot into another larger pot with fresh soil. It will take root through its first biodegradable pot.
- Watch it grow! Keep it watered in a sunny area in your garden or on your patio.
- Pick the beans when they are ready. You will see a flower first before the beans!

Activity: Shop before this project. Go to a garden Centre with your child/ren to buy the supplies. Go to a grocery store or market to view the beans or buy them. Eat them raw or cooked!

